

A photograph of two surgeons in an operating room. They are wearing blue scrubs, white surgical masks, and white bouffant caps. The surgeon on the left is wearing glasses and is focused on a surgical site. The surgeon on the right is looking down. The background shows a green wall and a surgical light fixture.

INPATIENT CARE

Two inpatient products provide evidence-based criteria, goals, care pathways and other decision support tools for use in proactive care management.



IMPROVE THE PATIENT JOURNEY

Whether a primary care trust, an acute trust, or a private medical insurer, healthcare organisations are looking for ways to improve quality of care. Milliman's *Inpatient and Surgical Care* product enables healthcare professionals to pursue this objective by applying evidence-based, best-practice clinical guidelines. Anticipating appropriate clinical resources and identifying the next steps in individual patient care facilitates effective outcomes, and the independently developed *Milliman Care Guidelines*[®] help drive this process, assisting organisations in their efforts to improve the patient journey.

Inpatient and Surgical Care provides evidence-based criteria, goals, care pathways and other decision-support tools, making it a valuable resource for proactive care management, case review and assessment of patients facing hospitalisation or surgery. Comprehensive and easy to use, this product helps facilitate optimal health outcomes, continuous quality improvement, and enhanced resource utilisation, even providing patient education information for organisations pursuing advanced care management initiatives. As with all *Care Guidelines* products, our full-time clinical faculty update *Inpatient and Surgical Care* annually with the most current medical research and best-practice benchmarks.

In complex or fast-developing situations, some patients don't present clear-cut or easy-to-treat cases. The *General Recovery Guidelines*, an outstanding complement to *Inpatient and Surgical Care*, are designed specifically for more complex diagnoses than those addressed in other *Care Guidelines* products. That makes them ideal for cases when there is no clear diagnosis, no specific guideline covering the diagnosis, or when the clinical situation is so complex that a specific guideline doesn't fit. These guidelines provide excellent admission and discharge criteria, even in the most complex cases. They also improve management of patients with comorbidities or multiple diagnoses.

Extended Stay/Common Complications and

Conditions: Addresses situations where the hospital stay is longer than the Goal Length of Stay. Includes brief descriptions of expected work-up or therapeutic regimen for these conditions, as well as estimates of extended-stay duration.

Goal Length of Stay: Establishes an evidence-based, length-of-stay target, based on the best available medical research. With this, reviewers can confidently benchmark transition to alternate and more efficient levels of care.

More Criteria, Information and Tools:

- Alternatives to Admission or Procedure
- Intensive, High Dependency, and Telemetry Care Guidelines
- Observation Care Guidelines
- Planning for Alternative, Hospital and Preoperative Care, and for Discharge
- Patient Education and Information
- Problem Oriented Guidelines
- Body System Guidelines
- Discharge Criteria
- Evaluation and Treatment
- Operative Status Criteria
- Psychosocial Assessment
- Common Medication Tables
- Palliative Care

Products**What they target****Organisational benefits*****Ambulatory Care***

- Conditions and procedures that are optimally managed in the outpatient setting

- Assist in prioritisation of patients
- Help determine optimal care setting and best treatment practices

Inpatient and Surgical Care

- Identify benchmark patient care and recovery
- Describes recovery and treatment plans that generate the most favourable outcomes and assume optimal recovery, decision making, and care
- Provides recovery milestones that indicate the clinical readiness for a safe transition to home (or a lower level of care)
- Provides patient and family education materials that can be used to help ensure adequate understanding of discharge instructions and home care elements and prevent unnecessary readmissions

- Increase efficiency and effectiveness, benchmarking
- Using international clinical evidence and a transparent approach, they can help build consensus among professionals
- Facilitates safe transition of care to the home setting

General Recovery Guidelines

- For very complex cases where additional clinical tools or management are required, or where there is not a specific *Inpatient and Surgical Care* guideline for use

- Provide specific tools to help manage care including an inpatient monitoring and assessment tool, all designed to ensure consistency in clinical management

For more information on the *Care Guidelines*,
licensing or training, please call us at 0808 234 8072
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