

A woman in a light blue medical uniform is shown from the chest up, looking down and to the right with a thoughtful expression. The background is a soft, out-of-focus light blue. The title 'RECOVERY FACILITY CARE' is overlaid in large white letters across the top of the image.

RECOVERY FACILITY CARE

A detailed and comprehensive means to
develop effective plans for recovery
facility admission, care and discharge.

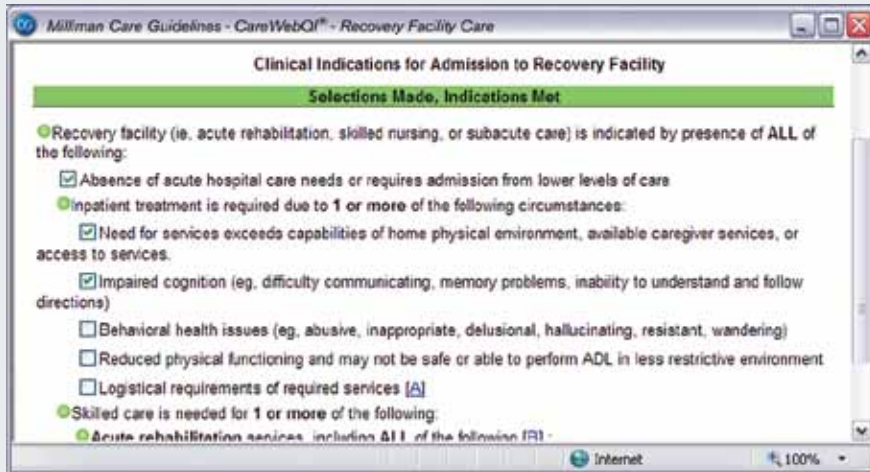


RIGHT CARE, RIGHT TIME, RIGHT PLACE

A well-coordinated plan is a key factor in moving patients to recovery facilities, and in their subsequent discharge to the appropriate setting. *Recovery Facility Care* is an easy-to-use, detailed and comprehensive tool to make informed healthcare decisions, to provide the highest quality patient care and to manage resources effectively during these transitions.

Recovery Facility Care provides admission and discharge criteria, including complete discharge plans. It puts valuable, evidence-based information at the healthcare professionals' fingertips, enhancing productivity and enabling efficient care planning and implementation.

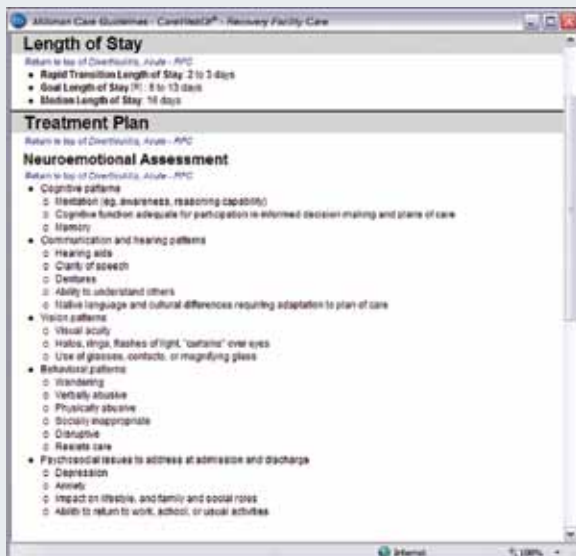
Establishing this care pathway strategy early allows healthcare teams to focus on individual patient's needs and to more effectively manage high quality healthcare delivery. *Recovery Facility Care* correlates with *Inpatient and Surgical Care* and *Home Care* to guide you through the continuum of patient care.



Click to enlarge

► **Clinical Indications for Admission and Discharge:** Easy-to-follow lists guide patients to the appropriate level of care. Indications identify level of need; severity of condition; physical, cognitive or functional deficits, and specific treatments or therapies that should be available. Such specific, actionable criteria are particularly valuable for efficient pre-authorization. More lists address physical, functional and psychosocial factors to be achieved before discharge.

Utilization Models: Six national utilization models provide benchmarks to easily measure organization performance and to easily identify opportunities for system improvement.



Click to enlarge

► **Multiple Length of Stay Measures:** Rapid Transition, Goal and Median Length of Stay measures provide targets for efficient treatment and transition to alternate levels of care.

► **Treatment Plan:** Shows medical treatments and therapies (including physical, speech and occupational) expected for all facilities. This section enables rapid assessment and initiation of treatment, which can provide a quicker return to baseline function, and shorter lengths of stay.

Type of Item	Issue	Focus	Visual Encoding and Content Subtitle	Dietary Advice	Content Management
Constipation, Descending or sigmoid	Stimulant to help patient may require caution to require avoidance of stool	Drainable or closed and strong use if patient regaining	Single: 1 to 2 times daily, unless use if regaining	No changes usually necessary, but may want to reduce gas-producing foods (eg. peas, beans, lentils, beans, carbonated beverages, spring onions, excessive fiber intake)	Over-producing foods include eggs, garlic, onion, fish, mushrooms, cabbage, broccoli, and alcohol Use laxative practices, dietary modifications, medications in form of drops, supps, and pills.
Constipation, Transverse	Stimulant or very soft	Drainable	Single: 1 to 2 times daily Dietary and replace with new product 1 to 2 times weekly	No changes usually necessary, but may want to reduce gas-producing foods (eg. peas, beans, lentils, beans, carbonated beverages, spring onions, excessive fiber intake)	Over-producing foods include eggs, garlic, onion, fish, mushrooms, cabbage, broccoli, and alcohol. Use laxative practices, dietary modifications, medications in form of drops, supps, and pills.

Click to enlarge

▼ **Care Management Tools:** Include information on Activities of Daily Living and Instrumental Activities of Daily Living Assessment; Common Medications; Pain Management; Ostomy Care; and other topics valuable to reviewers.

Problem Oriented Guidelines: Define specific steps to address complex or problematic health issues, such as end-of-life care, delirium management, pain management, wound and skin management, and neurologic and orthopedic rehabilitation.

References: All references used to develop the *Recovery Facility Care* guidelines are listed at the point of mention, rather than in a single bibliography, providing useful background on best practices, promoting confident decisions and assisting discussion with healthcare stakeholders.

More Criteria, Information and Care Management Tools:

- Medical and Surgical Optimal Recovery Guidelines
- Managing Wounds
- DME Needs and Medical and Surgical Supplies List
- Patient Education and Information
- General Discharge Planning
- Psychosocial Assessment
- Discharge Criteria
- Determining Recovery Facility Level of Care (Including RUG-III Classification Information)



Software and Strategic Alliances

The current best evidence is optimal only when easily used by healthcare professionals to make decisions about the care of individual patients. From web-based applications, to interactive software producing real-time management reports, to handheld versions, *Care Guidelines* software and strategic alliances make the current best evidence readily available for use where it matters: at the point of care.

CareWebQI[®] – Web-based interactive software that captures and reports on real-time clinical data through consistent point-and-click application and easy-to-use variance selection. This enables users to identify inappropriate care, providing reports about variances from evidence-based best practice; physician, facility and resource delays; national quality measures; and more. Installable version also available.

Web – Provides access from any Internet-ready computer.

PC – Makes the *Care Guidelines* available through an application for Windows[®].

Handheld – Use the *Care Guidelines* through a PDA.

Intranet – An HTML version that can be customized for intranet use.

Interrater Reliability Tool – Measures consistent and appropriate use of the *Care Guidelines*. Web-based software tests ability to find the right guideline, including relevant sections, and to apply it appropriately.

Strategic Alliances – The *Care Guidelines* are integrated with 30 care management programs from 25 Strategic Alliance Partners, providing clients with improved workflow. For more information regarding alliances, visit www.careguidelines.com/sap.

For more information on the *Care Guidelines*, licensing or training, please call us at 888 464.4746 or visit our website at www.careguidelines.com.

719 Second Avenue, Suite 300
Seattle, WA 98104

Additional Products:

Ambulatory Care

The tool of choice for authorizing established and emerging technologies, outpatient procedures, diagnostic tests, imaging, rehabilitation services, DME, injectables and more.

Inpatient and Surgical Care

A key evidence-based resource for proactive inpatient care management, including criteria, goals, care pathways and other decision-support tools.

General Recovery Guidelines

Ideal when there isn't a guideline for the diagnosis, or when the clinical situation is so complex that a guideline is not easily applied.

Home Care

A comprehensive planning resource to smoothly move patients to home healthcare.

Chronic Care Guidelines

A tool to facilitate outpatient care for chronic or complex diagnoses.

Behavioral Health Guidelines

Reliable, evidence-based tools and criteria that address appropriateness of specific psychological, behavioral and pharmacologic therapies.